

# MELODIE FAIR METZGER

## CURRICULUM VITAE

June 20, 2021

### PROFESSIONAL CONTACT INFORMATION:

Orthopaedic Biomechanics Laboratory  
Department of Orthopaedic Surgery, Cedars-Sinai Medical Center  
8700 Beverly Blvd., Davis Bldg. 6006  
Los Angeles, CA 90048  
Phone: 310-423-7765  
Email: [Melodie.Metzger@cshs.org](mailto:Melodie.Metzger@cshs.org)

### EDUCATION:

**Bachelor of Arts, Bioengineering** 2001  
University of California, Berkeley, CA  
Dean's List all semesters attended

**Management of Technology Program** 2008  
HAAS School of Business, University of California, Berkeley, CA

**Doctor of Philosophy, Bioengineering** 2009  
University of California, Berkeley and University of California, San Francisco Joint Graduate Program  
Dissertation: *Evaluation of Spinal Reconstructive Surgeries Using Multi-Body System Dynamics*  
Dissertation Chair: Professor Jeffery C. Lotz, Ph.D.

### PROFESSIONAL EXPERIENCE:

#### Present Positions:

01/2020- Assistant Professor, Faculty Research Scientist II  
Department of Orthopaedic Surgery, Cedars-Sinai Medical Center  
Director of the Orthopaedic Biomechanics Laboratory

10/2017- Biomedical Engineering Associate, Independent Contractor  
Robson Forensic, Inc.

#### Previous Positions:

06/1999-09/1999 Research Assistant, Sierra Internal Medicine, Incline Village, NV.  
*Prepared blood and urine samples proctored computerized cognitive performance tests, and organized paperwork for an NIH open label and double-blind study on an experimental drug for the treatment of Chronic Fatigue Syndrome.*

06/2000-09/2000 Research Assistant, Medical Technology Program, Lawrence Livermore National Lab, Livermore, CA.  
*Functional testing of several neuro-interventional shape memory polymer devices*

06/2001-09/2002 Research Manager, Sierra Internal Medicine, Incline Village, NV.

- Coordinate and manage a three-site NIH clinical study of the impact of nutritional supplements on chronic fatigue syndrome.*
- 09/2002-09/2003 Engineer, Medical Technology Program, Lawrence Livermore National Laboratory, Livermore, CA  
*Design, fabrication and experimental testing of several neuro-interventional shape memory polymer devices.*
- 09/2003-12/2004 President, Sierra Interventions, LLC, Berkeley, CA.  
*Administration oversight, supervised and coordinated all projects, including fabrication, device design, and experimental studies on an aneurysm treatment device.*
- 09/2004-06/2009 Graduate Studies, University of California, Berkeley and University of California, San Francisco Joint Graduate Program
- 08/2009-01/2015 Project Scientist, Instructor, Cedars-Sinai Medical Center
- 01/2015-01/2018 Faculty Research Scientist, Cedars-Sinai Medical Center
- 01/2018-01/2020 Assistant Professor, Faculty Research Scientist I, Cedars-Sinai Medical Center

### **PROFESSIONAL ACTIVITIES:**

#### **CSMC:**

- 2011-** Resident Research Committee, Cedars-Sinai Medical Center
- 2011-** Resident Education Committee, Cedars-Sinai Medical Center
- 2015-** Kerlan-Jobe Fellowship Research Committee, Los Angeles, CA
- 2016-** Grant Reviewer, UCLA Clinical and Translational Science Institute
- 2020** David Geffen School of Medicine/Cedars-Sinai Women's Faculty Leadership Program

#### **Professional Associations/Society Memberships:**

- 1999-2001** Member, Tau Beta Pi, Engineering Honor Society
- 2009-2015** Member, The American Society of Mechanical Engineers
- 2010-2014** Member, AO Spine North America Foundation
- 2012-** Member, Orthopaedic Research Society

#### **Editorial Services:**

- 2009-2014** Scientific Reviewer, Spine Arthroplasty Society's Research Committee
- 2014-** Scientific Reviewer for American Journal of Sports Medicine
- 2015-** Scientific Reviewer for Journal of Engineering in Medicine
- 2015-** Scientific Reviewer for Journal of Medical and Biological Engineering
- 2016-** Grant Reviewer, UCLA Clinical and Translational Science Institute
- 2020-** Editorial Review Board for Arthroscopy
- 2020-** Scientific Reviewer for The Journal of Shoulder and Elbow Surgery
- 2021-** Abstract Reviewer, Orthopaedic Research Society Annual Meeting 2022

#### **Community Services:**

- 2005-2008** UCSF Graduate Student Association, Bioengineering representative
- 2017-2019** Governor, All Community Group, Ocean Charter School, Los Angeles, CA
- 2018-2019** Board Member, Ocean Charter School, Los Angeles, CA

### **HONORS AND SPECIAL AWARDS:**

- 1998** Academic Recognition for Achievements in Mathematical Sciences  
*El Camino College Los Angeles, CA*

**1998-1999** Kilpatrick, Moulett, L. Scholarship, Hearst, Phoebe, and Rodkey Scholarships recipient  
*University of California, Berkeley, CA*

**2001** Travel Grant Recipient  
*American Society of Laser Medicine and Surgery*

**2001** Nomination for University Medal  
*University of California, Berkeley, CA*

**2005-2009** Graduate Research Fellowship Recipient  
*National Science Foundation*

**2008** Earl C. Anthony Travel Award  
*University of California, San Francisco, CA*

**2009** Graduate Student Association Travel Award  
*University of California, San Francisco, CA*

**2012** Research Core Award  
*Clinical and Translational Science Institute (CTSI)*

**2015** Research Core Award  
*Clinical and Translational Science Institute (CTSI)*

**2017** Research Faculty of the Year Award  
*Cedars Sinai Medical Center Department of Orthopaedic Surgery*

## **RESEARCH GRANTS AND FELLOWSHIPS RECEIVED:**

### **Active/Ongoing:**

01/2021-12/2021

Musculoskeletal Transplant Foundation (MTF)

Junior Investigator Grant Award

Title: "Elbow Ulnar Collateral Ligament Reconstruction with Knee Collateral Ligament Allograft: A Biomechanical Study"

Role: Co-Principal Investigator

09/2020-08/2021

Cedars Sinai Center for Research in Women's Health and Sex Differences

Title: "Do Oral Contraceptives Protect Against Anterior Cruciate Ligament Injuries in Female Athletes?"

Role: Principal Investigator

06/2020-05/2021

OREF / JRGOS Orthopaedic Disparities Resident Research Grant

Title: "The Impact of Faculty and Resident Diversity on Resident Attrition"

Role: Co-Investigator

05/2020-02/2021

Arthrex Investigator Initiated Research Grant

Title: "Coronal Versus Sagittal Placement of Staple in Capitulum Fusion: A Biomechanical Study"

Role: Co-Principal Investigator

01/2021-07/2021

Internal Department Funding

Title: "The Circumferential Labral Reconstruction: The Role Of The Graft Width"

Role: Co-Principal Investigator

01/2021-07/2021

Internal Department Funding

Title: "Hip Capsular Closure Following T-Type Capsulotomy. A Biomechanical Analysis of the Figure of Eight Versus Simple Suture Configuration"

Role: Co-Principal Investigator

**Inactive/Completed:**

07/2003-06/2004

NIH/NINDS

SBIR 1 R43 NS044816-1

"Interventional Applications of Shape Memory Polymer Foam": Phase I study resulted in the development of a shape memory polymer foam device for filling and sealing cerebral aneurysm/arteriovenous malformation volumes.

Role: Principal Investigator

09/2004-08/2005

NIH/NHLBI

SBIR 1 R43 EB003702-1

"Polymer Actuator for Peripheral Vessel Thrombectomy": Feasibility Phase I study produced a proof-of-concept device for the treatment of peripheral occlusive disease.

Role: Principal Investigator

AOSpine Hansjörg Wyss Grant

08/2010-05/2012

Title: "Does Sacral Geometry Affect Biomechanical Behavior and Facet Forces after Total Disc Replacement at the Lumbosacral Junction?" Start-up grant to investigate whether the degree of sacral slope alters the efficacy of total disc replacements

Role: Principal Investigator

Scoliosis Research Society Research Grant

01/2011-10/2012

Title: "Improving Bone Formation in Osteoporosis Through Mechanical Signaling Pathways" Start-up grant to determine the responsiveness of MSCs and osteoblasts derived from osteoporotic human bone to both biochemical and mechanical signals"

Role: Co-Principal Investigator

Stryker Spine Research Grant

07/2011-06/2014

"Biomechanical Analysis of the Effect of Different Instrumentation Techniques on Adjacent Level Stability After Long Segment Instrumentation of the Thoracic Spine"

Role: Principal Investigator

Scoliosis Research Society Research Grant

08/2011-10/2012

"The Relationship between Serum Vitamin D levels, Successful Fusion and Fusion Strength: A Quantitative Analysis"

Role: Principal Investigator

Medtronic Research Grant

07/2012-12/2014

“Biomechanical Analysis of Direct Lateral Interbody Fusion (DLIF) Strategies for Adjacent Segment Degeneration in the Lumbar Spine”

Role: Principal Investigator

American Association of Neurological Surgeon, Haid Research Award

07/2013-06/2014

“The Biomechanics of Sagittal Deformity: The Impact of Sacral Slope on Lumbosacral Interbody Fusion”

Role: Mentor

Scoliosis Research Society Research Grant

08/2014-7/2018

“The Impact of Type I Diabetes on Bone Metabolism and Growth after Spinal Fusion”

Role: Principal Investigator

North American Spine Society

Young Investigator Basic Research Grant

12/2014-06/2016

“The Impact of Type II Diabetes on Bone Metabolism and Growth after Spinal Fusion”

Role: Principal Investigator

Acumed Research Grant

11/2014-10/2015

“Buried Fixation of Patella Fractures: A Biomechanical Investigation” This study investigated the strength of a novel low-profile patella fracture repair technique”.

Role: Co-Investigator

Össur Research Grant

11/2014-10/2015

“The Effect of Dynamic Bracing on Articular Contact Pressures in PCL Deficient Knees”

Role: Principal Investigator

Orthopaedic Research and Education Foundation

New Investigator Research Grant

07/2015-12/2016

“The effect of Hamstring Tendon Autograft Harvest on the Restoration of Knee Stability in the Setting of Anterior Cruciate Ligament Rupture and Concurrent Medial Collateral Ligament Injury”

Role: Co-Principal Investigator

Orthopaedic Research and Education Foundation

Resident Research Grant

03/2017-01/2018

“Knot of Henry Variation and the Effect of Plantar Flexion Strength”

Role: Co-Investigator

AOTrauma North America (AOTNA)

Resident Research Grant

07/2017-06/2018

“Evaluation of Multiplanar Stability in Neer Type IIB Clavicle Fractures”

Role: Co-Investigator

Arthrex Investigator Initiated Research Grant

11/2017-10/2018

“A Biomechanical Comparison between Anterior Cruciate Ligament Repair Versus Reconstruction”

Role: Co-Principal Investigator

Arthrex Investigator Initiated Research Grant

11/2017-10/2018

“Biomechanical Evaluation of PCL Reconstruction Augmented with Internal Bracing”

Role: Co-Principal Investigator

Arthrex Investigator Initiated Research Grant

11/2017-10/2018

“Biomechanical Evaluation of Medial Ulnar Collateral Ligament Reconstruction with Ulnar Tunnels 1 cm from the Joint Line”

Role: Co-Principal Investigator

Medtronic Educational Grant

12/2018

Educational Grant to fund a cadaver skills lab for the residents in the Orthopaedic Biomechanics Laboratory

Role: Principal Investigator

Orthopaedic Research and Education Foundation (OREF)

Resident Clinician Scientist Training Grant

03/2018-06/2019

“Identifying and mitigating the effects of diabetes on intervertebral disc degeneration”

Role: Co-Investigator

American Orthopaedic Society for Sports Medicine (AOSSM)

Steven P. Arnoczky Young Investigator Grant

07/2018-06/2019

“Revisiting the Vascularity and Stem Cell Population of the Meniscal Avascular Zone Using 3D Imaging Technique”

Role: Co-Investigator

Arthrex Investigator Initiated Research Grant

12/2018-11/2019

“Biomechanical Evaluation of UCL Repair Using Suspensory Fixation”

Role: Co-Principal Investigator

Arthrex Investigator Initiated Research Grant

02/2019-01/2019

“Hip Capsular Management with the Pie Crusting Technique: A Biomechanical Analysis of Stability and Failure”

Role: Co-Principal Investigator

POSNA (Pediatric Orthopaedic Society of N. America) Directed Research Grant

3/2019-09/2020

“Pedicule Screw Placement with a 3D Deformity Model”

Role: Co-Investigator

2/1/2019-2/29/2020

Private Donor Funded

“Using Mixed Reality to Reduce Fatigue-Related Injuries and Diminished Performance in Ballet Dancers”

Role: Principal Investigator

03/01/2019-2/29/2020

Arthrex Investigator Initiated Research Grant

“Biomechanical Evaluation of Internal Brace Augmentation of Anterior Cruciate Ligament Reconstruction: Does Augmentation Protect ACL Grafts and Prevent Excess Graft Strain or Modify Failure”

Role: Co-Principal Investigator

05/01/2019-4/30/2020

Arthrex Investigator Initiated Research Grant

Material Transfer Agreement

“Comparison of Extensor Tendon Transfers for Ankle Dorsiflexion in Charcot-Marie-Tooth Disease”

Role: Co-Principal Investigator

06/01/2020-05/25/2021

OREF / JRGOS Orthopaedic Disparities Resident Research Grant

Title: “The Impact of Faculty and Resident Diversity on Resident Attrition”

Role: Co- Investigator

10/01/2019-03/31/2021

Musculoskeletal Transplant Foundation (MTF)

Investigator Initiated Research Grant

Title: “A New Paradigm: Cadaveric Collateral Ligament for Hand Reconstruction”

Role: Co-Principal Investigator

11/2019-10/2020

Misonix, Inc. Investigator Initiated Research Grant

Title: “Effects of Temperature of Surrounding Issues with Use of Misonix Drill Compared to Midas Rex-8 Drill”

Role: Co-Investigator

12/2019-11/2020

Arthrex Investigator Initiated Research Grant

Title: “Biomechanical Comparison of Ulnar Collateral Ligament Reconstruction with and without Internal Bracing”

Role: Co-Principal Investigator

### **Pending Grants:**

R03

NIH/ Musculoskeletal, Oral and Skin Sciences (MOSS)

Title: 3D printable neural crest-derived stem cells in bio-ink for cranial bone regeneration

SPONSOR: NIH

Role: co-I (PI: D. Sheyn)

Medtronic Research Grant

Title: "Biomechanical Evaluation of a Novel C2 Terminus for Occipitocervical Fusion "

Role: Co-Principle Investigator (PI: T. Perry)

Arthrex Investigator Initiated Research Grant

Title: "Quantifying Visualization Using NanoScope in Wrist and Elbow Arthroscopy"

Role: Co-Principal Investigator

R01

NIH/National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS)

Title: Studying the Mechanism of Discogenic Low Back Pain Using NP-Nociception-Chip System

Role: Co-Investigator (PI: D. Sheyn)

Intuitive Foundation in Training and Human Performance

Title: Ergonomics Training in Robotic Surgery

Role: Co-Investigator (PI: M. Jain)

### **INVITED LECTURES AND PRESENTATIONS:**

1. **Metzger, M.F.**, Biomechanics of Posterior Non-Fusion Devices, 9th Annual Symposium on Current Concepts in Spinal Disorders, Las Vegas, NV February 2010.
2. **Metzger, M.F.**, Biomechanics of Lumbar ADR, 9th Annual Symposium on Current Concepts in Spinal Disorders, Las Vegas, NV February 2010.
3. **Metzger, M.F.**, Biomechanics of Cervical ADR, 9th Annual Symposium on Current Concepts in Spinal Disorders, Las Vegas, NV February 2010.
4. **Metzger, M.F.**, "Biomechanical Challenges at Lumbosacral Junction: Motion Preservation vs. Fusion", 12th Annual Symposium on Current Concepts in Spinal Disorders, Las Vegas, NV February 2013.
5. **Metzger, M.F.** "Orthopaedic Biomechanics: Applying Principles of Mechanics to the Human Body", 2013 Engineer's Week, Department of Mechanical Engineering, Cal State University Northridge, CA, February 22<sup>nd</sup>, 2013.
6. **Metzger, M.F.**, "Vitamin D and Spinal Fusion", Spine Division Neurosciences Department, University of Southern California, Los Angeles, CA, May 24th, 2013.
7. **Metzger, M.F.**, "The Relationship between Serum Vitamin D Status and Successful Spinal Fusion", 13th Annual Symposium on Current Concepts in Spinal Disorders, Las Vegas, NV February 2014.
8. **Metzger, M.F.**, Williams JR, Ngai V, Albert CA, Resolving Conflicting Testimony through Biomechanics, Webinar, Robson Forensic, November 19<sup>th</sup>, 2020.
9. **Metzger M.F.**, "Using Mixed Reality to Reduce Fatigue-Related Injuries", Dance and the Pandemic: A Dance Medicine Outreach Webinar, April 17<sup>th</sup>, 2021.

### **TEACHING ACTIVITIES:**

<b>2000-2001</b>	Organic Chemistry tutor, UC Berkeley
<b>2007</b>	Graduate Student Instructor, Bioengineering 10: Introduction to Biomedicine
<b>2010-2012</b>	Didactic Lecture for Cedars-Sinai Spine Fellows
<b>2014-2017</b>	Didactic Lecture on Biomechanics and Biomaterials for Residents
<b>2015</b>	Dissertation committee for Cesar Lopez, "Composite Mechanics of Annulus Fibrosus of Intervertebral Disc", CSUN Mechanical Engineering
<b>2016-</b>	Monthly Cadaveric Dissection Skills Lab for Residents and Fellows
<b>2020-</b>	Kerlan Jobe Didactic Lecture

### Non-Clinical Teaching

1. **Metzger, M.F.** "Spine Center Research Core Lecture", Spine Center Grand Rounds, Cedars-Sinai Medical Center, Los Angeles, CA, May 9<sup>th</sup>, 2012.
2. **Metzger, M.F.** "The Biomechanics Lab at Cedars-Sinai", Orthopaedic Surgery Grand Rounds, Cedars-Sinai Medical Center, Los Angeles, CA, September 19<sup>th</sup>, 2012.
3. **Metzger, M.F.** "The Influence of Vitamin D on Spinal Surgery", Japanese Orthopaedic Association Traveling Fellows Conference, Orthopaedic Department at Cedars-Sinai Medical Center, Los Angeles, CA, June 20<sup>th</sup>, 2013.
4. **Metzger, M.F.** "Research at Its Finest", Spine Center Grand Rounds, Cedars-Sinai Medical Center, Los Angeles, CA, January 14<sup>th</sup>, 2015.
5. **Metzger, M.F.** "Grant Writing Skills", Resident Skills Training Workshop, Cedars-Sinai Medical Center, Los Angeles, CA September 27<sup>th</sup>, 2016.
6. **Metzger, M.F.** "Distinguished Women in Science", Association of Women in Science, Cedars-Sinai Medical Center, Los Angeles, CA, March 14<sup>th</sup>, 2017.
7. **Metzger, M.F.** "Head, Shoulders, Knees and Toes: An Overview of CSMC's Orthopaedic Biomechanics Lab", ORS Southern California Regional Symposium: Orthopaedic Research: From Mechanism to Mechanics, Cedars-Sinai Medical Center, Los Angeles, CA, September 25<sup>th</sup>, 2017.
8. **Metzger, M.F.**, "Head, Shoulders, Knees and Toes: Orthopaedic Biomechanics at CSMC", BASSST Seminar Series, Cedars-Sinai Medical Center, Los Angeles, CA, October 4<sup>th</sup>, 2017
9. **Metzger, M.F.**, "The effect of Type II Diabetes on Bone Growth and Metabolism after Spinal Fusion Surgery" Spine Center Grand Rounds, Cedars-Sinai Medical Center, Los Angeles, CA, March 13<sup>th</sup>, 2018.
10. **Metzger, M.F.** "The Biomechanics of Dance: A Review", Cedars-Sinai/USC Glorya Kaufman Dance Medicine Center Symposium on The Hybrid Dancer: Care and Prevention of Dance Injuries, Cedars-Sinai Medical Center, Los Angeles, CA, April 7<sup>th</sup>, 2018.
11. **Metzger, M.F.** "The Biomechanics of Jumps and Landings", Lecture presentation to students in DANC105: Dance Science at USC Glorya Kaufman Dance Medicine Center, Los Angeles, CA, February 28<sup>th</sup>, 2019.
12. **Metzger, M.F.**, Sheyn D. "The Effect of Diabetes Mellitus on Musculoskeletal Tissues" EM/DORI Research Seminar Series, Cedars-Sinai Medical Center, October 18<sup>th</sup>, 2019

13. **Metzger, M.F.** “Biomechanical Analysis Strategies Toward Improved Clinical Outcomes”  
Grand Rounds, Department of Orthopaedic Surgery, Cedars-Sinai Medical Center, January 8th, 2020.
14. **Metzger, M.F.** “Sex Differences in How We Connect...To Our Bones” CREWHS (Center for Research in Women’s Health and Sex Differences) Research Scientists Seminar Series, Cedars-Sinai Medical Center, April 17th, 2020.
15. **Metzger M.F.** and Orr Limpisvasti, ‘Introduction to Sports Medicine Research’, Cedars-Sinai Kerlan Jobe Didactic Curriculum, August 14<sup>th</sup>, 2020

## Mentorship

### High School, Undergraduate, Graduate and Medical Students:

- |             |  |
|-------------|--|
| <b>2009</b> | Cory Laws<br>University of California, San Francisco, Graduate Student   |
| <b>2014</b> | Mark Svet, CSMC Research Internship Program<br>University of California, Los Angeles undergraduate   |
| <b>2015</b> | Chris Lama, CSMC Research Internship Program,<br>University of California, Los Angeles undergraduate   |
| <b>2016</b> | Rishi Trikha, CSMC Summer Research Internship Program<br>Icahn School of Medicine at Mount Sinai, medical student<br>Landon Polakof, CSMC Research Internship Program<br>Wright State University, medical student<br>Vivian Xu, CSMC Research Internship Program<br>Penn State undergraduate           |
| <b>2017</b> | Madeleine Kilimnik, CSMC Summer Research Internship Program<br>Penn State undergraduate<br>Myriam Navarro, CSMC Research Internship Program<br>University of California, Los Angeles undergraduate<br>Lily Turner, CSMC Research Internship Program<br>University of Southern California undergraduate |
| <b>2018</b> | Katherine Samuel, CSMC Minors in Research Program<br>Campbell Hall High school   |
| <b>2019</b> | Nathalie Pham, Biomedical Education Pipeline Initiative<br>University of California, Los Angeles undergraduate<br>Alexander Breda, CSMC Research Internship Program<br>Westminster College in Salt Lake, Utah  |
| <b>2021</b> | Gian Christian Ignacio<br>Brown University, Providence, Rhode Island   |

### Residents and Fellows:

- 2015** Neil Bhamb, CSMC Orthopaedic Resident  
Tyler Welch, CSMC Kerlan-Jobe Fellowship Program  
Alexander Tuchman, USC Neurosurgery Resident
- 2016** Alisa Alayan, CSMC Orthopaedic Resident  
Max Michalski, CSMC Orthopaedic Resident  
Sean Rajee, CSMC Orthopaedic Resident  
Natasha Trentacosta, CSMC Kerlan-Jobe Fellowship Program
- 2017** Danielle Thomas, CSMC Orthopaedic Resident  
Zach NaPier, CSMC Orthopaedic Resident  
Matt Zapf, CSMC Orthopaedic Resident  
John Garlich, CSMC Orthopaedic Resident  
Erin Haggerty, CSMC Orthopaedic Resident  
Tyler Gonzalez, CSMC Foot and Ankle Orthopaedic Fellow
- 2018** Tonya An, CSMC Orthopaedic Resident  
Dan Howard, CSMC Kerlan-Jobe Fellowship Program  
John Grotting, CSMC Kerlan-Jobe Fellowship Program  
Jorge Chahla, CSMC Kerlan-Jobe Fellowship Program  
Pascual Dutton, CSMC Kerlan-Jobe Fellowship Program
- 2019** Nelson Mead, CSMC Kerlan-Jobe Fellowship Program  
Frank Wydra, CSMC Kerlan-Jobe Fellowship Program  
Lionel Lazaro, CSMC Kerlan-Jobe Fellowship Program  
Daniel Lim, CSMC Kerlan-Jobe Fellowship Program  
William Uffmann, CSMC Kerlan-Jobe Fellowship Program  
Scott Anderson, CSMC Kerlan-Jobe Fellowship Program  
Max Michalski, CSMC Orthopaedic Resident  
Johnny Wang, CSMC Orthopaedic Resident  
Lee Haruno, CSMC Orthopaedic Resident
- 2020** Stephen Torres, CSMC Kerlan-Jobe Fellowship Program  
Mike Narvaez, CSMC Kerlan-Jobe Fellowship Program  
Mike Perrone, CSMC Kerlan-Jobe Fellowship Program  
Matt Hamula, CSMC Kerlan-Jobe Fellowship Program  
Justin Cohen, CSMC Neurosurgery Fellowship Program  
Michael Sun, CSMC Orthopaedic Resident  
Ali Noorzad, CSMC Orthopaedic Resident  
Lee Haruno, CSMC Orthopaedic Resident
- 2021** David Maldonado, CSMC Kerlan-Jobe Fellowship Program  
Shrey Kanjiya, CSMC Kerlan-Jobe Fellowship Program  
Raj Yalamanchili, CSMC Kerlan-Jobe Fellowship Program  
Tennyson Block, CSMC Orthopaedic Hand Fellow

## **BIBLIOGRAPHY/PUBLICATIONS:**

### **A.) Research Papers – Peer-Reviewed**

1. **Metzger MF.**, D. Schumann, T.S. Wilson, D.L. Matthews, and D.J. Maitland, "Mechanical Properties of a Mechanical Actuator for Treating Ischemic Stroke", *Journal of Biomedical Microdevices* 4(2):89-96 (2002)
2. Maitland, D.J., **Metzger M.F.**, D. Schumann, T.S. Wilson, A. Lee, and D.L. Matthews, "Photothermal Properties of Laser-Activated Shape Memory Polymer Microactuators for Treating Stroke," *Lasers in Surgery and Medicine* 30:1-11(2002)
3. Suhadolnik, R.J., Peterson D.L., Reichenbach, N.L., Roen G., **Metzger M.F.**, McCahan J., O'Brien K., Welsch S., Gaughan, J.P, McGregor, N.R, "Clinical and Biochemical Characteristics Differentiating Chronic Fatigue Syndrome from Major Depression and Healthy Control Populations: Relation to Dysfunction of RNase L Pathway", *Journal of Chronic Fatigue Syndrome* (2004)
4. Small, W., IV, **Metzger, M.F.**, Wilson, T.S., Maitland, D.J., "Laser-activated shape memory polymer microactuator for thrombus removal following ischemic stroke: preliminary in vitro analysis" *IEEE Journal of Selected Topics in Quantum Electronics* 11(4):892-901 (2005)
5. O'Reilly, OM, **Metzger MF**, Buckley JP, Moody DA, Lotz JC, "On the Stiffness Matrix of the Intervertebral Joint: Application to Total Disc Replacement" *ASME Journal of Biomechanical Engineering*, 131(8):63-87 (2009)
6. **Metzger MF**, Faruk Senan N.A., O'Reilly O.M., "On Cartesian Stiffness Matrices in Rigid Body Dynamics: An Energetic Perspective", *Journal of Multibody System Dynamics*, 24(4):441–472 (2010)
7. **Metzger MF**, Faruk Senan N.A., O'Reilly O.M., Lotz J.C., "Minimizing Errors Associated with Calculating the Helical Axis of Spinal Motion", *Journal of Biomechanics* 43(14):2822-2829 (2010)
8. Kennedy A., Coughlin D.G., **Metzger M.F.**, Pearle A.D., Lotz J.C., Feeley B.T., "Biomechanical Evaluation of Pediatric ACL Reconstruction Techniques", *The American Journal of Sports Medicine* 39(5):964-71 (2011).
9. **Metzger MF**, L.E.A. Kanim, L. Zhao, S.T. Robinson, R.B. Delamarter. "The Relationship between Vitamin D Status and Successful Spinal Fusion" *The Spine Journal* 13(9): S53 (2013)
10. Robinson ST, Svet MT, **Metzger MF**, "Four-Point Bending as a Method for Quantitatively Evaluating Spinal Arthrodesis in a Rat Model", *Journal of Comparative Medicine* 65(1):46-50 (2015)
11. **Metzger MF**, L.E.A. Kanim, L. Zhao, S.T. Robinson, R.B. Delamarter. "The Relationship between Serum Vitamin D Levels and Spinal Fusion Success: A Quantitative Analysis", *Spine* 40(8): E458-68 (2015).
12. **Metzger MF**, S.T. Robinson, M.T. Svet, J.C. Liu, F.L. Acosta, "Biomechanical Analysis of the Proximal Adjacent Segment after Multi-Level Instrumentation of the Thoracic Spine: Do Hooks Ease the Transition?", *Global Spine Journal* 6(4): 335-343 (2016).
13. Tuchman A, Turner A, **Metzger MF**, Acosta FL. "An in Vitro Biomechanical Model of Differing Pedicle Screw Configurations for Long Construct Segmental Thoracic Fixation", *Operative Neurosurgery*, 0:1–6, doi: 10.1093/ons/oxp051 (2017).

14. Arunakul R, **Metzger MF**, Kanim LEA, Bae H, Kropf M, Delamarter D. "Radiographic Analysis of the Lumbosacral Junction: Is There a Critical Sacral Angle for Total Disc Replacement?" *Asian Spine Journal*, (2):249-255. doi: 10.4184/asj.2017.11.2.249. (2017).
15. **Metzger MF**, Robinson ST, Maldonado R, Rawlinson JJ, Liu JC, Acosta FL, " Biomechanical analysis of lateral interbody fusion strategies for adjacent segment degeneration in the lumbar spine". *Spine J*. 2017 Jul;17(7):1004-1011. doi: 10.1016/j.spinee.2017.03.00 (2017)
16. Welch T, Mohr K, Keller T, **Metzger MF**, Maldonado R, Kvitne R., "The Effect of a Dynamic PCL Brace on Patellofemoral Compartment Pressures in PCL- and PCL/PLC-Deficient Knees", *Journal of Experimental Orthopaedics*, Dec;4(1):10 (2017)
17. Trentacosta N, Pace JL, **Metzger MF**, Michalski M, Nelson T, Polakof L, Mandelbaum B, "Biomechanical Evaluation of Pediatric Anterior Cruciate Ligament (ACL) Techniques with and without the Anterolateral Ligament (ALL)". *J Pediatr Orthop*, Oct 23 2017. DOI: 10.1097/BPO.0000000000001078 (2017)
18. Bhamb N, Kanim L, Maldonado R, Svet M, **Metzger MF**, "Effect of modulating dietary vitamin D on the general bone health of rats during posterolateral spinal fusion. *J Orthop Res*. 2017 Dec 20. doi: 10.1002/jor.23832 (2017)
19. Kremen TJ, Polakof LS, Rajee S, Nelson TJ, **Metzger MF**, "The Effect of Hamstring Tendon Autograft Harvest on the Restoration of Knee Stability in the Setting of Concurrent Anterior Cruciate Ligament and Medial Collateral Ligament Injuries", *Am J Sports Med.*, Jan;46(1):163-170 (2018)
20. Alayan A, Maldonado RC, Polakof L, **Metzger MF**, Saini A, Lin C, Moon C. "Biomechanical Analysis of a Novel Buried Fixation Technique Using Headless Compression Screws". *Am J Orthop*. 47(7); (2018).
21. Pfeffer GB, Gonzalez TA, Zapf M, Nelson TJ, **Metzger MF**. "Postoperative Achilles Pull-out Strength after Open Calcaneoplasty for Haglund's Syndrome". *Foot Ankle Int*. Aug;39(8):966-969. doi: 10.1177/1071100718770391. PMID: 29652192 (2018)
22. Bhamb N, Kanim LEA, Maldonado RC, Nelson TJ, Salehi K, Glaeser JD, **Metzger MF**. "The Impact of Type 2 Diabetes on Bone Metabolism and Growth after Spinal Fusion". *Spine J* Jun;19(6):1085-1093, DOI: 10.1016/j.spinee.2018.12.003 (2019).
23. Michalski MP, Gonzalez TA, **Metzger MF**, Nelson TJ, Eberlein SA, Pfeffer GB. "A Biomechanical Comparison of Achilles Tendon Pullout Strength Following Midline Tendon-Splitting and Endoscopic Approaches for Calcaneoplasty". *Foot Ankle Int*. Jun 17:1071100719856939. doi: 10.1177/1071100719856939 PMID: 31203670 (2019).
24. Thomas D, Thordarson D, Nelson TJ, Timothy CP, Eberlein S, **Metzger MF**. "Biomechanical Impact of FHL Tendon Harvest on Forefoot and Great Toe Push-Off Strength and its Correlation to Knot of Henry Crossover *Variation*". *Foot Ankle Int*. Sep 14:1071100719875229. doi: 10.1177/107110071987522 (2019).
25. Dutton P, Banffy M, Nelson TJ, **Metzger MF**. "Anatomic and Biomechanical Evaluation of Ulnar Tunnel Position in Medial Ulnar Collateral Ligament Reconstruction", *Am J Sports Med* 47(14):3491–3497 <https://doi.org/10.1177/0363546519880182>, (2019)
26. Garlich J, Samuel K, Nelson TJ, Monfiston CH, Kremen TJ, **Metzger MF**, Little M. "Infraspinatus Tenotomy Improves Glenoid Visualization with The Modified Judet Approach", *J Orthop Trauma*, Oct 7. doi: 10.1097/BOT.0000000000001659 (2019)

27. Chahla J, Nelson TJ, Dallo I, Yalamanchili R, Eberlein SA, Limpisvasti O, Mandelbaum B, **Metzger MF**. “Anterior Cruciate Ligament Repair versus Reconstruction: A Biomechanical Analysis” *The Knee*, In Press. <https://doi.org/10.1016/j.knee.2019.10.020> (2019)
28. NaPier Z, Kanim LEA, Nelson TJ, Salehi K, Arabi Y, Glaeser JD, Dmitriy Sheyn D, **Metzger MF**. “Spinal Fusion is Inhibited in an Insulin Dependent Diabetes Rat Model”, *Spine J*, 10.1016/j.spinee.2019.11.011 (2019)
29. Chahla J, Papalamprou A, Khnkoyan Z, Arabi Y, Chan V, Salehi K, Nelson TJ, Limpisvasti O, Mandelbaum BR, **Metzger MF**, Sheyn D. “Assessing the Resident Progenitor Cell Population and the Vascularity of the Adult Human Meniscus”, *Arthroscopy* 37(1): 252-265 (2020).
30. Glaeser J, Salehi K, Kanim L, Ju D, Hyuk J, Behrens P, Eberlein S, **Metzger MF**, Arabi Y, Stefanovic T, Sheyn D, Bae H. "Electrospun, synthetic bone void filler promotes human MSC function and BMP-2 mediated spinal fusion" *J Biomater Appl*;35(4-5):532-543. doi: 10.1177/0885328220937999 (2020).
31. Pfeffer G, Michalski M, Nelson TJ, An T, **Metzger MF**. “Biomechanical Evaluation of Extensor Tendon Transfers for Treatment of Foot Drop in Charcot-Marie-Tooth Disease” *Foot Ankle Int*; 41(4) :449-456 doi: 10.1177/1071100719901119. (2020).
32. Grotting JA, Nelson TJ, Banffy MB, Yalamanchili R, Eberlein SA, Chahla J, **Metzger MF**. “Biomechanical Evaluation of PCL Reconstruction with Suture Augmentation” *The Knee*, <https://doi.org/10.1016/j.knee.2020.01.004> (2020).
33. Garlich J, Little M, Nelson TJ, Eberlein SA, Monfiston CH, **Metzger MF**. “A Comparison of 3 Fixation Strategies in the Treatment of Neer Type IIB Distal Clavicle Fractures”, *J Orthop Trauma*; 34(8):e266-e271. doi: 10.1097/BOT.0000000000001752 (2020).
34. Kremen TJ, Haggerty E, Eberlein SA, Chahla J, Nelson TJ, Schroeder G, **Metzger MF**. “Comparative Analysis of Sagittal-Plane Radiographic Landmarks Used to Identify the Femoral Attachments of Lateral Knee Structures.” *Arthroscopy* 36(11):2888-2896. doi: 10.1016/j.arthro.2020.07.006 (2020).
35. Uffmann W, ElAttrache N, Nelson TJ, Eberlein SA, Wang J, Howard DR, **Metzger MF**. “Posterior Lateral Meniscal Root Tears Increase Strain on the Reconstructed Anterior Cruciate Ligament: A Cadaveric Study”, *Arthroscopy, Sports Medicine, and Rehabilitation* <https://doi.org/10.1016/j.asmr.2020.11.005> (2021).
36. Kremen TJ, Monfiston CH, Garlich J, Little M, **Metzger MF**. “Characterization of A Better Understanding of Infrapinatus Tendon Characteristics Anatomy: The Soft-Tissue Portion of Remplissage” *Arthroscopy, Sports Medicine, and Rehabilitation (ASMAR)*; 3(3):741-748, <https://doi.org/10.1016/j.asmr.2021.01.013> (2021).
37. Perrone MO, Noorzad A, Hamula M, **Metzger MF**, Banffy M, Gerhardt M. “Hip Adductor Longus Tendon Origin Anatomy is Consistent and may Inform Surgical Reattachment”, *Arthroscopy, Sports Medicine, and Rehabilitation (ASMAR)* 3(1): E227-E232, <https://doi.org/10.1016/j.asmr.2020.09.015> (2021).
38. Glaeser JD, Behrens P, Stefanovic T, Salehi K, Papalamprou A, Tawackoli W, **Metzger MF**, Eberlein S, Nelson TJ, Arabi Y, Kim K, Baloh R, Ben-David S, Cohn-Schwartz D, Ryu R, Bae HW, Gazit Z, Sheyn D. “Neural Crest-derived MSCs Enhance Cranial Allograft Integration” *STEM CELLS Transl Med*. 2020;1–13 <https://doi.org/10.1002/sctm.20-0364> (2020).
39. Glaeser JD, Ju D, Tawackoli W, Yang JH, Salehi K, Stefanovic T, Kanim LEA, Avalos P, Kaneda G, Stephan S, **Metzger MF**, Bae HW, and Dmitriy Sheyn D. “Advanced glycation end

product inhibitor pyridoxamine attenuates IVD degeneration in type 2 diabetic rats” *Int J Mol Sci* 21(24):9709 (2020).

#### **B.) Research Papers– Peer-Reviewed (In Press)**

1. Wydra FB, Al’Khafaji I, Haruno L, Chahla J, Nelson TJ, Gerhardt MB, **Metzger MF**. “Hip Capsular Management with Pie-Crusting Technique: A Biomechanical Comparison to the T-Capsulotomy” In Press. *Arthroscopy* <https://doi.org/10.1016/j.arthro.2021.03.044>. March, 2021.
2. Lazaro LE, Lim DP, Nelson TJ, Eberlein SA, Banffy MB, **Metzger MF**., “Proximal Over-resection During Femoral Osteochondroplasty Negatively Affects the Distractive Stability of the Hip Joint” Accepted to *AJSM* March 2021.
3. Mead N, Limpisvasti O, Nelson TJ, **Metzger MF**. " Biomechanical Evaluation of UCL Repair Using Suspensory Fixation" Accepted to the *O J Sports Med* May 2021.

#### **C.) Research Papers - Peer-Reviewed (Submitted)**

1. Hamula MJ, Perrone M, Noorzad A, Uffmann W, **Metzger MF**, Banffy M. “Does Fluoroscopic Guidance with Current Arthroscopic Techniques Predictably Avoid Iatrogenic Labral Penetration and Femoral Head Scuffing in Hip Arthroscopy? A CT Correlation on the Safe Establishment of the Anterolateral Portal.” Submitted to *ASMAR* April, 2021.
2. Lim DP, Kyhos J, Lazaro LE, Nelson TJ, Eberlein SA, Banffy MB, **Metzger MF**., “Abductor Muscles Increase Hip Stability Against Rotational and Distractive Forces” Submitted to *Hip Preservation*, June 2021.
3. Torres SJ, Limpisvasti O, Uffmann W, Nelson TJ, Pham N, **Metzger MF**., “Suture Tape Augmentation Increases the Immediate Post-Operative Stiffness and Strength of ACL Grafts” Submitted to *OJSM* June 2021.
4. Narvaez MV, Nelson TJ, Youssefzadeh K, Limpisvasti O, **Metzger MF**., “Biomechanical Comparison of Ulnar Collateral Ligament Reconstruction with and without Internal Bracing” Submitted to *AJSM* June 2021.

#### **Letters to the Editor:**

1. Michalski MP, Gonzalez TA, **Metzger MF**, Nelson TJ, Eberlein SA, Pfeffer GB. Response to "Letter Regarding: Biomechanical Comparison of Achilles Tendon Pullout Strength Following Midline Tendon-Splitting and Endoscopic Approaches for Calcaneoplasty" *Foot Ankle Int* Jul;41(7):887-888.doi: 10.1177/1071100720929345 (2020)

#### **Papers in Preparation (Research Completed):**

1. Maldonado D, Banffy M, Huang D, Nelson TJ, Metzger MF. “Hip Capsular Closure Following T-Type Capsulotomy. A Biomechanical Analysis of the Figure of Eight Versus Simple Suture Configuration” Will be submitted to *AJSM* June 2021.
2. Block T, Kulber D, Nelson TJ, Sun M, An T, Yoshida R, **Metzger MF**. “Hand Ligament Reconstruction with Knee Collateral Ligament Allograft vs Tendon Autograft” Will be submitted to the *Journal of Hand Surgery* July 2021.
3. Maldonado D, Banffy M, Huang D, Nelson TJ, Metzger MF. “Hip Capsular Closure Following T-Type Capsulotomy. A Biomechanical Analysis of the Figure of Eight Versus Simple Suture Configuration” Will be submitted to *AJSM* June 2021.

#### **Abstracts:**

1. **Metzger, M.F.**, D. Schumann, T.S. Wilson, D.L. Matthews, and D.J. Maitland, "Mechanical Properties of a Mechanical Actuator for Treating Ischemic Stroke", Annual American Society for Laser Medicine and Surgery Meeting, New Orleans, Louisiana, April 2001.
2. **Metzger M.F.**, Buckley J.M., O'Reilly O.M., Lotz J.C. "A Novel Method for Measuring In Situ Structural Rigidity of Total Disc Replacement Systems", Spine Arthroplasty Society 7th Annual Meeting, Berlin, Germany, May 2007.
3. Buckley J.M., **Metzger M.F.**, Bradford, D.S., Lotz J.C., O'Reilly O.M., "How Accurately can we Measure the Instantaneous Axis of Rotation?" Spine Arthroplasty Society 7th Annual Meeting, Berlin, Germany, May 2007.
4. **Metzger M.F.**, Buckley J.M., Acosta F.L., O'Reilly O.M., Lotz J.C., "Facet Force Sensitivity to Total Disc Replacement Device Position", Orthopaedic Research Society 54th Annual Meeting, San Francisco, CA, March 2008.
5. **Metzger M.F.**, Buckley J.M., Acosta F.L., Lotz J.C., "A Simplified Method for Comparing 3D Quality of Motion in Vitro", Spine Arthroplasty Society 8th Annual Meeting, Miami, FL, May 2008.
6. **Metzger M.F.**, Senan A.F., Lotz, J.C., O'Reilly, O.M., "Revisiting the Stiffness Matrix with an Application to Total Disc Replacement Systems", North American Spine Society 23rd Annual Meeting, Montreal, Ontario, October 2008.
7. **Metzger M.F.**, Bradford D.S., Lotz, J.C., "First Generation TDR Devices Do Not Adequately Resist Shear in the Lumbosacral Spine", Spine Arthroplasty Society 9th Annual Meeting, London, England, May 2009.
8. **Metzger, M.F.**, Faruk Senan, N.A., O'Reilly O.M., Lotz, J.C., "Minimizing Errors Associated with Calculating the Helical Axis of Spinal Motion", Orthopaedic Research Society 56th Annual Meeting, New Orleans, LA, March 2010
9. Marshall, D.C., **Metzger, M.F.**, Bae, H.W., Zhao, L., Kanim, L.E.A, Wong, P., Delamarter, R.B., "Bone Marrow Aspirate with a Subeffective Dose of rhBMP-2 in Spinal Fusion: A Quantitative Analysis", Orthopaedic Research Society 58th Annual Meeting, San Francisco, CA, March 2012.
10. F.L. Acosta, Jr., Z. Buser, Y. Safai, **M.F. Metzger**, R.B. Delamarter. "Improving Bone Formation in Osteoporosis through Mechanical Signaling Pathways." SRS Annual Meeting, September 2012.
11. **M.F. Metzger**, L.A. Kanim, L. Zhao, S.T. Robinson, Buser, Z., R.B., Delamarter. "The Relationship between Serum Vitamin D levels, Successful Fusion and Fusion Strength: A Quantitative Analysis" Orthopaedic Research Society 59th Annual Meeting, San Antonio, TX, January 2013.
12. S.T. Robinson, R.B. Delamarter, M.T. Svet, **M.F. Metzger**. "Does Sacral Geometry Affect Biomechanical Behavior and Facet Forces after Total Disc Replacement at the Lumbosacral Junction?" The International Society for the Advancement of Spine Surgery (ISASS) Annual Meeting, Vancouver BC, April 2013.
13. **Metzger, M.F.**, Kanim, L.A., Zhao, L., Robinson, S.T., Delamarter, R.B. "Suboptimal Vitamin D Increases Risk for Infection", ISSLS 40th Annual Meeting, Scottsdale, Arizona, May 13-17, 2013.
14. **Metzger, M.F.**, Kanim, L.A., Zhao, L., Robinson, S.T., Delamarter, R.B. "The Relationship between Vitamin D Status and Successful Fusion", ISSLS 40th Annual Meeting, Scottsdale, Arizona, May 13-17, 2013.
15. **Metzger, M.F.**, Robinson, S.T., Drazin, D., Svet, M.T., Acosta, F.L. " Biomechanical Analysis of the Proximal Adjacent Segment after Scoliosis Correction: Do Hooks Ease the Transition?" 20th International Meeting on Advanced Spine Techniques (IMAST), Vancouver, British Columbia, Canada July 10-13, 2013.

16. **Metzger, M.F.**, Kanim, L.A., Zhao, L., Robinson, S.T., Delamarter, R.B. "The Relationship between Serum Vitamin D Levels, Successful Fusion and Fusion Strength: A Quantitative Analysis", SRS 48th Annual Meeting, Lyon, France, September 18-21, 2013.
  - Hibbs Basic Science Award Nominees
17. **Metzger, M.F.**, Kanim, L.A., Zhao, L., Robinson, S.T., Delamarter, R.B. "The Relationship Between Vitamin D Status and Successful Spinal Fusion", NASS 28th Annual Meeting, New Orleans, October 9-11th, 2013
  - Best Papers Section
  - Under consideration for Value Abstract Award
18. **Metzger, M.F.**, Robinson, S.T., Maldonado R., Delamarter, R.B., Liu, J., Acosta F., "Biomechanical Analysis of Direct Lateral Interbody Fusion (DLIF): Strategies for Adjacent Segment Degeneration in the Lumbar Spine", Congress of Neurological Surgeons Annual Meeting, Boston, MA, October 2014.
19. **Metzger, M.F.**, Robinson, S.T., Maldonado R., Rawlinson, J.J., Liu, J., Acosta F.L., "Direct Lateral Interbody Fusion (DLIF) Strategies for Adjacent Segment Degeneration in the Lumbar Spine, a Biomechanical Analysis" The International Society for the Advancement of Spine Surgery (ISASS) Annual Meeting, San Diego, CA, April 2015.
20. Welch T., Mohr K., Keller T., **Metzger M.F.**, Maldonado R., Kvitne R., "The Effect of Dynamic Bracing on Patellofemoral Joint Pressures in PCL- and PCL/PLC-Deficient Knees" The American Orthopaedic Society for Sports Medicine (AOSSM) Annual Meeting, Orlando, FL, July 2015.
21. Maldonado R, Kanim LEA, Svet MT, **Metzger MF**, "Interrelationships of Vitamin D Status, Bone Health and Fusion Consolidation", NASS 30th Annual Meeting, Chicago, IL, October 2015.
22. Tuchman A., Turner AW, **Metzger MF**, Acosta F. "An In Vitro Biomechanical Model of Segmental Thoracic Fixation for Spinal Deformity Correction", Spine Summit 2016: The 32<sup>nd</sup> Annual Meeting of the Section on Disorders of the Spine and Peripheral Nerves, Orlando, FL, March, 2016
  - The Charlie Kuntz Scholars Award (awarded to top 10 residents)
23. Bhamb N, Maldonado R, Kanim LEA, Svet MT, **Metzger MF**, "Effect of Modulating Dietary Vitamin D on the General Bone Health of Rats During Posterolateral Spinal Fusion" California Orthopaedic Association's 2016 Annual Meeting, May, 2016, Dana Point, CA
  - Winner of the OREF Resident Award
24. Xu, V, Nelson TJ, Maldonado RC, Bhamb N, Kanim, LEA, **Metzger, MF**. "The Impact of Type 2 Diabetes on Bone Metabolism and Growth after Spinal Fusion: Radiographic Analysis" Cedars-Sinai Research Internship Program Poster Day, Los Angeles, CA, August 5<sup>th</sup>, 2016.
  - Placed as a Finalist in poster competition
25. Alayan A, Maldonado RC, Polakof L, **Metzger MF**, Saini A, Lin C, Moon C. "Biomechanical Analysis of a Novel Buried Fixation Technique Using Headless Compression Screws" Western Orthopaedic Association's 2016 Annual Meeting, September 2016, Indian Wells, CA
26. Trentacosta N, Pace JL, **Metzger MF**, Michalski M, Nelson T, Polakof L, Mandelbaum B. "Biomechanical Evaluation of Pediatric Anterior Cruciate Ligament (ACL) Techniques with and without the Anterolateral Ligament (ALL)". Pediatric Research in Sports Medicine Society 4<sup>th</sup> Annual Meeting, January 2017, Dallas, TX.
27. Kremen TJ, Polakof L, Rajee S, Nelson T, **Metzger MF**. "The effect of Hamstring Tendon Autograft Harvest on the Restoration of Knee Stability in the Setting of Anterior Cruciate Ligament Rupture

- and Concurrent Medial Collateral Ligament Injury”. AOSSM Annual Meeting, Toronto, Canada, July 2017.
28. Pace JL, Trentacosta NE, **Metzger MF**, Nelson T, Michalski M, Polakof LS, Mandelbaum BR. “Biomechanical Evaluation of Pediatric Anterior Cruciate Ligament Reconstruction Techniques with and without the Anterolateral Ligament” AOSSM Annual Meeting, Toronto, Canada, July 2017.
  29. Kremen TJ, Polakof LS, Rajee S, Nelson TJ, **Metzger MF**. “The effect of Hamstring Tendon Autograft Harvest on the Restoration of Knee Stability in the Setting of Anterior Cruciate Ligament Rupture and Concurrent Medial Collateral Ligament Injury”. Western Orthopaedic Association (WOA) 81st Annual Meeting, Koloa, Hawaii, August 2017.
    - Recipient of the Young Investigator Award
  30. Bhamb N, Kanim LEA, Maldonado RC, Nelson TJ, Glaeser J, Salehi K, **Metzger MF**. “The Impact of Type 2 Diabetes on Bone Metabolism and Growth after Spinal Fusion”. North American Spine Society Annual Meeting, Orlando, FL, October 2017.
  31. Thomas D, Thordarson D, Nelson TJ, Timothy CP, Eberlein S, **Metzger MF**. “Biomechanical Impact of FHL Tendon Harvest on Forefoot and Great Toe Push-Off Strength and its Correlation to Knot of Henry Crossover Variation”. American Orthopaedic Foot & Ankle Society (AOFAS) Annual Meeting, Boston, MA, July 2018.
  32. Monfiston CH, Garlich J, Mason BS, Little MT, **Metzger MF**, Kremen TJ. “When is a Hills-Sachs Lesion Too Large for Remplissage? The Relationship Between Humeral Head Size and Infrapinatus Tendon Length” Nth Dimension and AAOS Summer Internship Program’s Research presentations at the NMA Annual Convention, Orlando, FL, August 2018.
  33. K Samuel, Garlich J, Nelson TJ, Monfiston CH, Little MT, **Metzger MF**. “Increased Glenoid Exposure After Infrapinatus Tenotomy: A Quantitative Analysis” Cedars-Sinai Research Internship Program Poster Day, Los Angeles, CA, August 3<sup>rd</sup>, 2018
    - Winner of the Minors in Research Poster Competition
  34. Garlich JM, Nelson TJ, K Samuel, Monfiston CH, **Metzger MF**, Little MT., “Infrapinatus Tenotomy Increases Glenoid Exposure with the Modified Judet Approach to the Scapula”, Orthopaedic Research Society (ORS) Annual Meeting, Austin TX, February 2019
  35. NaPier Z, Kanim LEA, Nelson TJ, Glaeser JD, Salehi K, Sheyn D, **Metzger MF**., “The Impact of Type I Diabetes on Bone Metabolism and Growth after Spinal Fusion”, Orthopaedic Research Society (ORS) Annual Meeting, Austin TX, February 2019
  36. Papalamprou A, Chahla J, Arabi Y, Chan V, Salehi K, Nelson TJ, Limpisvasti O, Mandelbaum B, **Metzger MF**, Sheyn D. “Revisiting the Vascularity and Resident Stem Cell Population of the Meniscal Avascular Zone” Orthopaedic Research Society (ORS) Annual Meeting, Austin TX, February 2019
  37. Garlich J, Little M, Nelson TJ, Eberlein SA, Monfiston CH, **Metzger MF**. “Evaluation of Multiplanar Stability in Neer Type IIB Clavicle Fractures” Orthopaedic Research Society (ORS) Annual Meeting, Austin TX, February 2019
  38. Chahla J, Nelson TJ, Dallo I, Yalamanchili R, Eberlein SA, Limpisvasti O, Mandelbaum B, **Metzger MF**. “Anterior Cruciate Ligament Repair versus Reconstruction: A Biomechanical Analysis” Arthroscopy Association of North America (AANA) 2019 Annual Meeting, Orlando, FL, May 2019.
  39. Kremen TJ, Monfiston CH, Garlich J, Little MT, **Metzger MF**. “When is a Hill-Sachs Lesion Too Large for Remplissage? The Relationship Between Humeral Head Size and Infrapinatus Tendon

Length” Arthroscopy Association of North America (AANA) 2019 Annual Meeting, Orlando, FL, May 2019

40. Kremen TJ, Eberlein SA, Chahla J, Nelson TJ, Schroeder G, Haggerty E, **Metzger MF**. “How Accurate Are Radiographic Landmarks at Predicting the Location of Lateral Knee Structures?” Arthroscopy Association of North America (AANA) 2019 Annual Meeting, Orlando, FL, May 2019
  - Nominated for the resident research award
41. Papalamprou A, Chahla J, Khnkoyan Z, Arabi Y, Chan V, Salehi K, Nelson TJ, Limpisvasti O, Mandelbaum BR, **Metzger MF** and Sheyn D. Revisiting the Vascularity and Resident Stem Cell Population of the Human Meniscal White-White zone. International Society for Stem Cell Research (ISSCR) Annual Meeting, Los Angeles, CA, June 2019
42. Papalamprou A, Chahla J, Chan V, Limpisvasti O, Mandelbaum BR, **Metzger MF** and Sheyn D. Revisiting the Vascularity and Resident Stem Cell Population of the Meniscal Avascular Zone, ICORS annual meeting, Podium Presentation, Montreal, Canada, June 2019
43. Garlich JM, Nelson TJ, Katherine S, Monfiston CH, **Metzger MF**, Little MT., “Infraspinatus Tenotomy Improves Glenoid Visualization with the Modified Judet Approach”, Western Orthopaedic Association (WOA) Annual Meeting, Monterey, CA July 2019
  - Winner of the WOA’s David H. Chafey III, MD Donor Award
44. Garlich J, Little M, Nelson TJ, Eberlein SA, Monfiston CH, **Metzger MF**., “Evaluation of Multiplanar Stability in Neer Type IIB Clavicle Fractures”, Western Orthopaedic Association (WOA) Annual Meeting, Monterey, CA July 2019
45. Ju DG, Glaeser JD, Salehi K, Kanim LE, Behrens PH, **Metzger MF**, Sheyn D, Bae HW. Electrospun synthetic bone scaffolds promote mesenchymal stem cell function and spinal fusion. 26th International Meeting on Advanced Spine Techniques (IMAST), Amsterdam, NL, July 2019.
  - Whitecloud Award Nominee
46. Pham N, Gonzalez AR, Nelson TJ, Glaeser JD, Suzuki M, Milecamps M, Ohtori S, Stone L, Sheyn D, **Metzger MF**. Exercise Attenuates Age-Related Bone Loss in a Transgenic Mouse Model. Cedars-Sinai Research Internship Program Poster Day, Los Angeles, CA, August 2nd, 2019
47. Garlich JM, Nelson TJ, Katherine S, Monfiston CH, **Metzger MF**, Little MT., “Infraspinatus Tenotomy Increases Glenoid Exposure with the Modified Judet Approach to the Scapula”, Orthopaedic Trauma Association (OTA) Annual Meeting, Denver, CO, September 2019
48. Ju DG, Glaeser JD, Salehi K, Kanim LE, Behrens PH, **Metzger MF**, Sheyn D, Bae HW. Electrospun synthetic bone scaffolds promote mesenchymal stem cell function and spinal fusion. 34th Annual Meeting of the North American Spine Society, Chicago, IL September 2019.
49. Lazaro LE, Lim DP, Nelson TJ, Eberlein SA, Banffy MB, **Metzger MF**., “Proximal Over-resection During Femoral Osteochondroplasty Negatively Affects the Distractive Stability of the Hip Joint” International Society for Hip Arthroscopy Annual Scientific Meeting, Madrid Spain, October 2019.
50. Lim DP, Lazaro LE, Nelson TJ, Eberlein SA, Banffy MB, **Metzger MF**., “Abductor Muscles Increase Hip Stability Against Rotational and Distractive Forces: A Quantitative Study” International Society for Hip Arthroscopy Annual Scientific Meeting, Madrid Spain, October 2019
51. Ju DG, Glaeser JD, Salehi K, Kanim LE, Behrens PH, **Metzger MF**, Sheyn D, Bae HW. Electrospun synthetic bone scaffolds promote mesenchymal stem cell function and spinal fusion. 47th Annual Meeting of the Cervical Spine Research Society, New York, NY, November 2019.

52. Lazaro LE, Lim DP, Nelson TJ, Eberlein SA, Banffy MB, **Metzger MF**, “Proximal Over-resection During Femoral Osteochondroplasty Negatively Affects the Distractive Stability of the Hip Joint” AOSSM/AANA 2020 Specialty Day, Orlando, FL, March 2020.
53. Kremen T, Haggerty E, Chahla J, Eberlein S, Nelson T, Schroeder G, **Metzger MF**. “How Accurate Are Radiographic Landmarks at Predicting the Location of Lateral Knee Structures?” AAOS 2020 Annual Meeting, March 2020, Orlando, FL.
54. Uffmann W, ElAttrache N, Nelson TJ, Eberlein SA, Wang J, Howard DR, **Metzger MF**. “Increased Anterior Cruciate Ligament Graft Strain with Lateral Meniscus Posterior Root Tears” Arthroscopy Association of North America (AANA) 2020 Annual Meeting, May 2020, Grapevine, TX.
55. **Metzger MF**, Pham N, Gonzalez AR, Lee S, Suzuki M, Nelson TJ, Glaeser JD, Milecamps M, Stone LS, Sheyn D. “Effects of Exercise and Sparc Knockout on Cranial Bone Structural and Biomechanical Properties”, Orthopaedic Research Society (ORS) Annual Meeting, February 2020, Phoenix, AZ.
56. Michalski M, Nelson TJ, An T, Pfeffer G, **Metzger MF**. “Biomechanical Evaluation of Extensor Tendon Transfers for Treatment of Foot Drop in Charcot-Marie-Tooth Disease”, Orthopaedic Research Society (ORS) Annual Meeting, February 2020, Phoenix, AZ.
  - Winner of the New Investigator Recognition Award
57. **Metzger MF**, Pham N, Gonzalez AR, Lee S, Miyako Suzuki M, Nelson TJ, Juliane D. Glaeser JD, Milescamp M, Stone LS, Sheyn D. “Sex Differences in Bone Mineralization in an Osteonectin-Deficient Mouse Model of Osteopenia” Specialized Centers of Research Excellence on Sex Differences (SCORE) Annual Meeting December 16-17<sup>th</sup>, 2020
58. **Metzger MF**, Schimmoeller N, Nelson TJ, Galloway J, Trentacosta N. “Do Oral Contraceptives Protect Against Anterior Cruciate Ligament Injuries in Female Athletes?” Specialized Centers of Research Excellence on Sex Differences (SCORE) Annual Meeting, December 16-17<sup>th</sup>, 2020.
59. Cohen J, Nelson TJ, **Metzger MF**, Perry T. “Temperature Differences During Laminectomies When Using The Misonix Drill Compared To The Midas-Rex Drill” American Association of Neurological Surgeons (AANS) Annual Scientific Meeting, Orlando, FL, August 21-25, 2021.
60. Nigh ED, Glaeser JD, Behrens PH, Stefanovic T, Salehi K, Papalamprou A, Tawackoli W, **Metzger M**, Eberlein S, Nelson T, Baloh R, Ben-David S, Arabi Y, Cohn-Schwartz D, Ryu RC, Bae HW, Gazit Z, Sheyn D. “Does Origin Matter? Neural Crest-Derived Mesenchymal Stem Cells Enhance Allograft Integration Better than Bone-Marrow-Derived Mesenchymal Stem Cells.” Poster Presentation. AAOS Annual Meeting, August 31<sup>st</sup> - September 3<sup>rd</sup>, 2021.
61. Narvaez MV, Nelson TJ, Youssefzadeh K, Limpisvasti O, **Metzger MF**., “Biomechanical Comparison of Ulnar Collateral Ligament Reconstruction with and without Internal Bracing” AOSSM Annual Meeting, Nashville, TN, July 7<sup>th</sup> – 11<sup>th</sup>, 2021.
  - 2021 Winner of the AOSSM Fellow Research Award for Basic Science
62. Block T, Kulber D, Nelson TJ, Sun M, An T, **Metzger MF**. “Hand Ligament Reconstruction with Knee Collateral Ligament Allograft vs Tendon Autograft” ePoster Presentation. 76<sup>th</sup> American Society for Surgery of the Hand (ASSH) Annual Meeting, San Francisco, CA, September 30<sup>th</sup> – October 2<sup>nd</sup>, 2021.