

BIOGRAPHICAL SKETCH

Provide the following information for the key personnel and other significant contributors in the order listed on Form Page 2.
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NAME Harriet Udin Aronow, PhD	POSITION TITLE Research Scientist III		
eRA COMMONS USER NAME (credential, e.g., agency login) HARONOW			
EDUCATION/TRAINING <i>(Begin with baccalaureate or other initial professional education, such as nursing, and include postdoctoral training.)</i>			
INSTITUTION AND LOCATION	DEGREE <i>(if applicable)</i>	YEAR(s)	FIELD OF STUDY
University of Michigan, Ann Arbor, MI	AB	1969	Social Psychology
Claremont Graduate University, Claremont, CA	MA	1978	Applied Social Psychology
Claremont Graduate University, Claremont, CA	PhD	1984	Applied Social Psychology
Pew Career Development Fellow , The RAND/UCLA Center for Health Policy Study	Post Doctoral	1985-1986	Health Policy Research
Post Doctoral Fellow , National Center for Health Services Research, (Research Service Award) RAND/UCLA Center for Health Policy Study, UCLA Department of Medicine	Post Doctoral	1986-1988	Health Services Research

A. Personal Statement.

I am a health services researcher with a long career in applied research to improve care and community health outcomes for older adults and adults with disabilities. My doctoral degree in Applied Social Psychology was focused on health care delivery system costs and effectiveness for patients with severe traumatic brain injury. Post-doctoral funding from the Pew Charitable Trust and a National Research Service Award from the National Center for Health Services Research led me into the common ground of health care issues faced by older adults and people with disabilities. For many years I have been principal investigator for a research program in community-based in-home preventive health care for older adults and adults aging with life-long and/or acquired disabilities. My current work builds on, and integrates, the dual themes of nursing models promoting patient self-management and the evaluation of health services. My research appointment at Cedars-Sinai Medical Center is dedicated to developing a research program to improve the quality, safety and outcomes of hospital services, with a focus on transitions to community; which blends well with my graduate training in social science methods and experience in organizational change and evaluation research methods

B. Positions and Honors.

1970 Interviewer, Harvard-MIT Joint Center for Urban Studies, Cambridge, MA
 1970-1972 Research Assistant, Div of Community Psychiatry, Boston University Medical Center, Boston, MA
 1972-1975 Research Analyst, Dept of Psychiatry, Massachusetts General Hospital, Boston, MA
 1975-1988 Associate Director of Research (Research Coordinator, 1975-86), Casa Colina Centers for Rehabilitative Medicine, Pomona, CA
 1988-1999 Project Director/Co-PI, In-home Preventive Health Care Program for Older Persons, UCLA and Center for Healthy Aging, Santa Monica, CA:
 1998-2004 Evaluation Specialist, Center for Healthy Aging, Santa Monica, CA
 1997-2006 Research Psychologist (Director of Research 1997-2004), Casa Colina Centers for Rehabilitation
 2002-2006 Associate Professor (Adjunct Faculty 2002-04), University of LaVerne, Department of Public and Health Administration, College of Business and Public Management, La Verne, CA
 2003-2006 University Research Coordinator/Chair of the IRB, University of LaVerne, LaVerne, CA
 2006- Present Research Scientist III, (also Research Scientist 1993-1997), Department of Nursing Research & Development, Cedars-Sinai Medical Center, Cedars-Sinai Research Institute, Los Angeles, CA:
 2009- Present Associate Clinical Professor, University of California Los Angeles School of Nursing.

C. Selected Peer-Reviewed Publications.

- Greenfield S, Aronow H, Elashoff R, Watanabe D. Flaws in mortality: The Hazards of ignoring comorbidity. *Journal of the American Medical Association* 1988;260:2253-2255
- Stuck AE, Beers MH, Steiner A, Aronow HU, Rubenstein LZ, Beck JC. Inappropriate medication use in community-residing older persons. *Archives of Internal Medicine* 1994; 154:2195-2200.
- Stuck AE, Aronow HU, Steiner A, Alessi CA, Bula CJ, Gold MN, Yuhus KE, Nisenbaum R, Rubenstein LZ, Beck JC. A trial of in-home comprehensive geriatric assessment for elderly people living in the community. *New England Journal of Medicine*, 1995; 333(18):1184-9 November 2
- Steiner A, Raube K, Stuck AE, Aronow HU, et al. Measuring psychosocial aspects of well-being in older community residents - performance of four short scales. *Gerontologist* 1996; 36(1):54-62.
- Alessi CA, Stuck AE, Aronow HU, et al. The process of care in preventive in-home comprehensive geriatric assessment. *Journal of the American Geriatrics Society* 1997; 45:1044-50.
- Siebens H, Aronow H, Edwards D, Ghasemi Z. A Randomized controlled trial of exercise to improve outcomes of acute hospitalization in older adults. *Journal of the American Geriatrics Society* 2000, 48:1545-1552.
- Aronow HU, Hahn JE. Stay Well and Healthy! Pilot Study Findings from an In-home Preventive Healthcare Program for Persons Ageing with Intellectual and/or Developmental Disabilities. *Journal of Applied Research in Intellectual Disability*, 2005; 18, 131-142.
- Bolton LB, Aydin CE, Donaldson N, Brown DS, Sandhu M, Fridman N, Aronow HU. Mandated Nurse Staffing Ratios in California: A Comparison of Staffing and Nursing-Sensitive Outcomes Pre- and Postregulation. *Policy, Politics and Nursing Practice*. 2007; 8(4), 238-250.
- Riggs RV, Roberts PS, Aronow H, Younan T. Joint replacement and hip fracture readmission rates: Impact of discharge destination. *Physical Medicine & Rehabilitation*, 2010; 2(9), 806-810.
- Hahn J, Aronow HU. Reliability and validity analysis of the *Stay Well and Healthy!* health risk appraisal for persons with intellectual and developmental disabilities. *Journal of Applied Research in Intellectual Disabilities*, 2011; 24:341-350.
- Aronow HU, Sharkey P, Siebens HC, Horn SD, Smout RJ, DeJong G, Munin MC, Radnay CS. Initial recovery trajectories among patients with hip fracture: A conceptual approach to exploring comparative effectiveness in postacute care. *Physical Medicine & Rehabilitation*, 2012; 4(4):264-272.
- Siebens HC, Sharkey P, Aronow HU, Horn SD, Munin MC, DeJone G, Smout RJ, Radnay CS. Outcomes and weight bearing status during rehabilitation after arthroplasty for hip fractures. *Physical Medicine & Rehabilitation* 2012; 4(8): 548-555.
- Borenstein J, Aronow HU, Bolton LB, Choi J, Bresee C, Braunstein GD. Early recognition of risk factors for adverse outcomes during hospitalization among Medicare patients: a prospective cohort study. *BMC Geriatrics* . 2013; 13: 72.
- Hahn JE, Aronow HU, Rosario ER, Guenther N. Multidimensional health risk appraisal among adults aging with acquired disabilities. *Disability and Health Journal*, 2013; 6:195-203.
- Aronow HU, Borenstein J, Haus F, Braunstein GD, Burnes Bolton L. Validating SPICES as a screening tool for frailty risks among hospitalized older adults. *Nursing Research and Practice*, 2014:846759. doi: 10.1155/2014/846759. Epub 2014 Apr 27.

D. Research Support.

- AHRQ. "BEAT-Heart Failure". Multi-site, Comparative Effectiveness Research, RCT of post discharge interventions among patients with heart failure, comparing usual care vs. telephone follow up by an advance practice nurse and telemonitoring. Role: Site Co-Investigator (0.05 FTE 11/2010 – 9/2013)
- UniHealth Foundation. Healthy Aging for Persons Living with Disability in the Community. Longitudinal study of persons with intellectual and/or developmental disability Role: Principal Investigator for research component; Evaluator" (0.10 FTE April 2009 – June 2012)
- Eisner Foundation. Improving Care and Outcomes for Frail Older Adult Inpatients. Role: Evaluation Scientist (0.10 FTE; March, 2012 – present)
- UniHealth Foundation. Path to Wellness – Transitions in Care. Demonstration and evaluation of an adaptation of Naylor Transitional Care Model among patients at risk of frailty being discharged from hospital to community. Co-Principal Investigator (0.10 FTE July 2013 - present)
-

SCAN Foundation. Evaluating Problem Solving Therapy as an adjunct to Coleman's Care Transitions Intervention CMS-funded demonstration project at Jewish Family Services – Los Angeles. Principal Evaluator (0.10 FTE January 2013 - present)
